

# WILMINGTON NEWS

## FRIENDS OF DEMING WAY & DEMING WAY EXTENSION



### REMINDERS

**Online Safety:** The Community Hall Computer is a public computer. Exercise caution when using.

**See Something, Say Something!**

If, while on the property, you see something that doesn't seem quite right, say something. By being alert and reporting suspicious activity to your local law enforcement, you can protect your family, neighbors, and community. Always follow up with the Administrative Office by submitting a WHA Incident Report!

**Parking:**

The private driveway next to the Administrative Office Building is reserved only for Wilmington Housing Authority vehicles. Please advise guests that all other vehicles are prohibited from using this area for any duration of time.

### ADMINISTRATIVE OFFICE

**HOURS OF OPERATION:**

Monday-Friday: 8A-1P

Appointments are encouraged.

**Executive Director**

Katelynn: 978-658-8531, ext. 4065

**Administrative Assistant and  
Tenant Selector Coordinator**

Ruth: 978-658-8531, ext. 4066

**Housing Clerk**

Angel: 978-658-8531, ext. 4067

**Maintenance**

Steve: 978-658-8531

**Volunteers Needed!**

- Clean and Organize the Library at the Deming Way Community Hall
- Organize and tidy the items in the Deming Way Community Hall Kitchen

### REMINDERS

**Work Orders:**

You must contact the Administrative Office by phone for your maintenance related needs. Emails will not be accepted. Work Orders can be called in 24/7 by dialing 978-658-8531.

**Plumbing:**

ONLY flush toilet paper and what Nature provides.

**Trash Disposal:**

All trash disposed in the outside dumpsters should be in secured garbage bags.

No trash bags are to be stored in the hallways or kept outside the door of your home.

**Pets:**

No dogs are allowed to be unleashed anywhere on the property.

No animals are permitted to roam unattended in the Hallways of Deming Way Extension.



## PEST PREVENTION, IT STARTS WITH YOU!

### DENY ACCESS TO FOOD AND BEVERAGES

Pests need easy and consistent access to food and beverages. Food and beverages left unattended and exposed in bowls, shelves, or on countertops will attract pests.

Keep pet dishes clean and do not leave pet food or water out overnight. When feeding wet food, add only the amount of food to your pet's dish that it will finish in one sitting to keep leftovers from attracting pests.

Promptly report leaks and clean areas where water has accumulated.

### DENY ENTRY INTO PREMISES

Pests will take any opportunity to enter your home in search of shelter and food. Make sure you deny them entry by notifying the Administration Office of any torn screens or cracks or crevices that need sealing.

Work Orders:

You must contact the Administrative Office by phone for your maintenance related needs.

Emails will not be accepted.

Work Orders can be called in 24/7 by dialing 978-658-8531.

### REMOVE CLUTTER

Ensure your house is free from clutter as it provides shelter and breeding sites for many pests.

### TRASH BINS

There's usually lots of moisture and decomposing organic matter in trash bins. Ensure that all trash bins contain rubbish bags and have securely fitted lids. A delay in emptying these trash cans can invite pests; Be sure to empty all barrels regularly and routinely.

### CLEAN DRAINS

Ensure drains are kept clean and free of debris. Do not dispose of unwanted food materials down the drains.

Clean out and dry your sink frequently, especially in the evening. Regularly clean your drains with bleach and hot water. Periodically scrub inside the drain with a narrow, long-handled cleaning brush.

Keep a stopper in the sink drain when not in use.







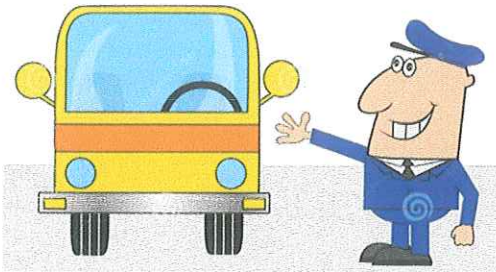
**Wilmington Housing Authority Board Meeting:**

Monday, September 12, 2022, at 4:30PM.  
Community Hall  
41 Deming Way, Wilmington, MA



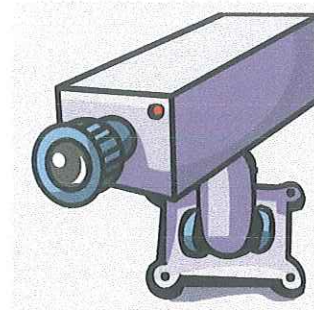
**Deming Way Extension:**

Wednesday, September 7, 2022 between 10A-12  
**Mandatory Fire Drill at Deming Way Extension**  
Question-and-Answer Session to follow.  
Thank you for keeping us safe Wilmington Fire!



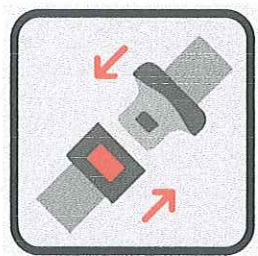
**Wilmington Market Basket Pick Up:**

Ride in Style with the Tewksbury School Bus  
Every Wednesday at 9:00AM  
Deming Way, Wilmington, MA



**Security Camera Installation:**

Security Camera installation is beginning the week of September 5<sup>th</sup>. We currently do not have an estimated date of completion.



**Vehicle Safety Session:**

Wednesday, September 28, 2022, between 10A-12P

Bring your vehicle up to the Administrative Office Parking Lot. Have Wilmington Fire and Police ensure that your seat and mirrors are adjusted properly.

Have them verify that your license, insurance, inspection, and insurance is current.  
Driving Tips and a Question-and-Answer Session to follow at the Deming Way Gazebos.

Thank you, Wilmington Fire and Police, for keeping us safe!





## Moist Zucchini Bread



**Active:** 20 mins

**Total:** 2 hrs 30 mins

**Servings:** 10

### Nutrition Profile:

[Heart Healthy](#)

[Soy-Free](#)

[Low Sodium](#)

[Vegetarian](#)

[Nutrition Info](#)

## Ingredients

- 3 large eggs
- 1 ½ cups granulated sugar
- 1 cup canola oil
- 2 teaspoons grated lemon zest
- 1 teaspoon vanilla extract
- 1 ½ cups all-purpose flour
- 1 ½ cups white whole-wheat flour
- 2 teaspoons ground cinnamon
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1 teaspoon kosher salt
- 3 cups shredded zucchini (about 1 pound)
- ½ cup ground pecans or pecan meal

## Directions

Preheat oven to 350 degrees F. Coat two 9-by-5-inch loaf pans with cooking spray.

Whisk eggs, sugar, oil, lemon zest and vanilla in a large bowl. Whisk all-purpose flour, whole-wheat flour, cinnamon, baking powder, baking soda and salt in a medium bowl.

Add the dry ingredients to the wet ingredients and mix until smooth. Fold in zucchini and ground pecans (or pecan meal). Divide the batter into the prepared pans and smooth the tops.

Bake until a toothpick inserted into the center of each loaf comes out clean, about 1 hour.

Let the loaves cool in the pans for 10 minutes, then turn out onto a wire rack to cool completely before slicing, about 1 hour.

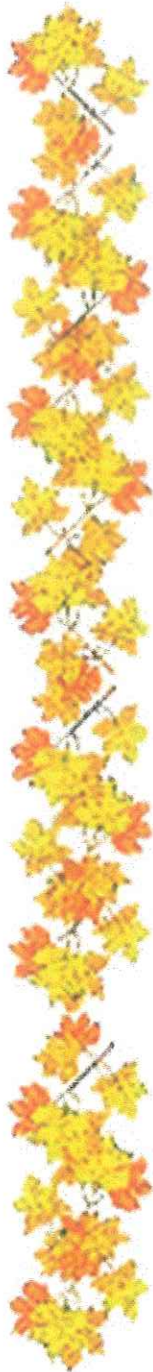
### Tips

To make ahead: Store airtight at room temperature for up to 2 days or freeze for up to 3 months.

Equipment: Two 9-by-5-inch loaf pans







# SEPTEMBER

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ACORN  
APPLES  
AUTUMN  
BOOKS

BREEZE  
FALL  
FRIENDS  
HARVEST

HOMEWORK  
LABOR DAY  
LEAVES  
RAKE

RED  
SCHOOL  
SQUIRREL  
YELLOW

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